

# Centralhealthline.ca

Reliable, accurate health information online



## When a little extra help would make life better

Are you looking for information on services such as Meals on Wheels, homemaking, shopping and grocery assistance or even in-home hairdressing?

Centralhealthline.ca is a fast, easy way to research thousands of health and community services available in your neighbourhood and across Ontario.

## Find the in-home and community-based services you need

With more than 4,000 service listings in the Central region alone (about 50,000 provincially), Centralhealthline.ca puts detailed, accurate information at your fingertips.

Service profiles include contact information, hours of operation, and locations, making it easy to connect with local providers. Most listings have direct links to each organization's website so you can further explore the services offered. Some providers are even featured in videos highlighting the benefits of their services.

Centralhealthline.ca also provides useful links to credible sources of online information on a range

of health topics, such as wellness promotion, caregiving and caregiver support, palliative and end-of-life care, fall prevention, managing chronic diseases and mental health.

## Easy to search in your neighbourhood and beyond

Centralhealthline.ca makes it easy to locate the help you need.

If you know the type of support you want, simply type keywords into the search tool found at the top of every page.

You can also search by postal code or by city/community, then select the area and the topics you would like to view.

You also have the option to click on the Google mapping feature to see how close a program or organization is to your home.

If you need to look up a program or service in another area of Ontario, just click "Find Services Across Ontario" to access thehealthline.ca for other Home and Community Care Support Services organizations across the province.



Areas served by Home and Community Care Support Services Central

## Talk to us

Need more information or help connecting to other health and community-based services?

Call us at **1-888-470-2222** or **310-2222** (area code not required when dialing within Ontario) to inquire about health services for yourself or a loved one.

## About Home and Community Care Support Services Central

Ontario's 14 Home and Community Care Support Services organizations coordinate in-home and community-based care for over 400,000 patients every month.

Our mission is to help everyone be healthier at home through connected, accessible, patient-centred care.

We assess patient care needs, and deliver home and community care, including community nursing clinics, and manage the long-term care home placement process. We also provide access and referrals to other community services.

We collaborate with other health system partners - Ontario Health Teams, hospitals, primary care providers, long-term care and retirement homes, and others - to enable integrated patient care and enhanced system performance.

For information and referrals related to home and community care or to learn more about long-term care home placement services, please call 310-2222 (English) or 310-2272 (French), no area code is required.

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**YOUR HOME AND COMMUNITY CARE SUPPORT SERVICES**



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