

## Patient Information Sheet

# Remdesivir Treatment: Community Nursing Clinic

This information is for patients who are prescribed Remdesivir and will receive treatment in one of our community nursing clinics.

### 1) What is Remdesivir and how does it help?

Remdesivir is an intravenous (IV) medication given to those who are 18 years or older and at high-risk of being hospitalized due to COVID-19 because of their medical conditions or age. Once you have COVID-19, Remdesivir helps your body fight the infection and get better faster, thereby lowering the risk that you will need to be hospitalized.

Remdesivir does not prevent people from getting COVID-19; vaccination is still recommended to reduce the risk of serious health outcomes from the virus.

### 2) What are the possible side effects from this treatment?

Possible side effects include:

a) **IV infusion:** at the injection site: bruising, swelling, redness, soreness.

b) **Remdesivir:** diarrhea and / or allergic reactions, including:

Fever, chills, nausea or feeling sick, headache, difficulty breathing, chest tightness, decreased or increased blood pressure, swelling of your face, throat irritation, rash with hives, itching or an itchy rash, muscle pain, uneven heartbeat, increased sweating, dizziness or light headedness

**In case the patient has an adverse reaction**, a capable adult (18 years or older) should be at home or otherwise with the patient for **six hours after the medication is administered**.

**\*\* If the side effects worsen**, call 911 or go to the nearest emergency room. **\*\***

### 3) How do I prepare for the treatment?

When you go to the community nursing clinic to receive treatment, please:

a) **Follow the nurse's detailed instructions for your clinic visit**, including infection prevention measures, like wearing a mask before you enter and changing to a new one once you are inside and using alcohol-based hand sanitizer.

b) **Bring with you all medication and supplies** that the pharmacy delivered to your home.

c) **From your car, call the clinic** to let them know you have arrived.

d) **Wait in your car** until the nurse calls you to come to the entrance door.

e) As above, and **in case of an adverse reaction, a capable adult should be at home or otherwise with the patient for six hours** after the treatment is administered.

**4) Questions or concerns?** Please contact your Care Coordinator directly or call 310.2222 (no area code) and ask to speak to them.