

Connecting You With Home and Community Care Services

Who We Are

The Central East Local Health Integration Network (Central East LHIN) is one of 14 LHINs in Ontario that work within communities to connect you with quality in-home and community-based Home and Community Care services. We can provide you with information, direct access to Home Care Contracted Service Providers, and many other comprehensive services.

What We Do

The **Central East LHIN** can provide acute, rehabilitation, maintenance, and end-of-life Home and Community Care services to you in your home. We can help you come home from the hospital sooner or we can provide you with information about long-term care options if it becomes too difficult for you to live independently at home. We strive to make sure you receive the care you need when you need it and help you to enjoy the best possible quality of life.

Role of the Home and Community Care Coordinator or Direct Clinical Nurse

Our caring and knowledgeable staff works with you and your family so that together we can develop a customized care plan that meets your individual needs. Our expertise, in-depth assessment process, and strong community partnerships ensure that you will feel supported through your entire care journey.

Our Home and Community Services

In addition to the Home and Community services we offer, we can also provide you with information about a wide range of other services available in your community. For services that are not provided by the Central East LHIN, you will be required to directly contact the agencies to request further assistance.

Who Is Eligible?

To receive in-home services from the Central East LHIN, you must have:

- A valid Ontario Health Card
- Needs that cannot be met on an outpatient basis
- A medical condition that can be adequately treated in your home

Referrals to Service

- Have you recently been released from hospital after surgery or a serious illness?
- Does your neighbour need a little extra help to manage at home?
- Does your child need the support of a health professional at home or in school?
- Are you, or someone you know, no longer safe living alone and ready to move into a long-term care home?

Referrals for Central East LHIN Home and Community Care services can be made by you or, with your consent, a family member, caregiver, friend, physician or other health care professional. When you or your designate contact the Central East LHIN, you can speak with a Home and Community Care Coordinator about the help you need.

Information and Referral

If you are not eligible for our Home and Community Care services, or if the Central East LHIN is unable to provide services to meet all your needs, we can let you know about alternate services available in your community. These may include:

- Some adult day programs
- Meal delivery services
- Transportation assistance

In-Home Services

Home and Community Care services that are provided to you or someone you care about within your home include:

- Nursing
- Physiotherapy
- Occupational therapy
- Speech-language therapy
- Social work
- Dietetics
- Medical supplies and equipment
- Personal support (bathing, dressing, etc.)

Specialized Programs

We can also offer specialized Home and Community Care programs that help meet specific health needs such as:

- Centralized Diabetes Intakes
- Health Care Connect
- Children/School Health Support Services
- Mental Health and Addictions Nursing for Youth
- Palliative Care (care at the end of life)
- Telehomecare
- Self-Management Programs

Placement into Long-Term Care Homes

When living independently is no longer possible, we can assist and coordinate applications to long-term care homes in your area and across Ontario.

A Central East LHIN Home and Community Care Coordinator can:

- Provide information about long-term care homes
- Provide assistance in the application process
- Determine eligibility for placement

Children/School Health Support Services

If you are a student, the **School Health Support Services** program can provide services to assist with medical and/or rehabilitation needs that are beyond the range and responsibilities of school staff. Through this program you will be able to attend school along with your peers.

The **Children's In-Home Services** program provides services to children/youth up to 18 years of age while in their home.

Central East LHIN Branches

Ajax	905-427-5497
Lindsay / Haliburton	705-324-9165
Peterborough / Campbellford	705-743-2212
Port Hope	905-885-6600
Scarborough	416-750-2444
Whitby	905-430-3308
Toll-free	800-263-3877
TTY Line	877-743-7939

Centraleasthealthline.ca

Wherever you live in Ontario, to find health care and community-based services, call 310-2222 or 310-2272 for service in French, or visit www.centraleasthealthline.ca.

www.healthcareathome.ca/centraleast

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