

## Where is the Convalescent Care Program delivered?

The Convalescent Care Program is delivered through LTC homes that have:

- Met provincial standards for providing specialized care
- A core team of professionals providing specialized care services to convalescent care patients
- Proven experience in delivering quality health and personal care
- Appropriate supplies and equipment
- Rooms designed to provide you with privacy, rest, and comfort

## Convalescent Care Program facilities in Erie St. Clair

### **Berkshire Care Centre**

350 Dougall Ave.  
Windsor, ON N9A 4P4  
519-256-7868

### **Franklin Gardens Long Term Care Home**

24 Franklin Rd.  
Leamington, ON N8H 4B7  
519-326-3289

### **Trillium Villa Nursing Home**

1221 Michigan Ave.  
Sarnia, ON N7S 3Y3  
519-542-5529

### **Vision Nursing Home**

229 Wellington St.  
Sarnia, ON N7T 1G9  
519-336-6551

## Our locations:

### **Chatham Clinic**

462 Riverview Dr.  
Chatham, ON N7M 0N2

### **Chatham: Corporate Office**

180 Riverview Dr.  
Chatham, ON N7M 5Z8

### **Chatham Office**

712 Richmond St. PO Box 306  
Chatham, ON N7M 5J5

### **Sarnia Office and Clinic**

1150 Pontiac Dr.  
Sarnia, ON N7S 3A7

### **Windsor Office and Clinic**

5415 Tecumseh Rd. E.  
Windsor, ON N8T 1C5

## By telephone or TTY:

**1-888-447-4468**

**TTY: 519-258-8092** (for the hearing and speech impaired)

**Email: [information.referral@lhins.on.ca](mailto:information.referral@lhins.on.ca)**

## Visit our websites at:

**[healthcareathome.ca/eriestclair](http://healthcareathome.ca/eriestclair)**  
**[eriestclairhin.on.ca](http://eriestclairhin.on.ca)**

**For health and community services, visit:**  
**[eriestclairhealthline.ca](http://eriestclairhealthline.ca)**

Erie St. Clair **LHIN**

# Convalescent Care

A short-term program to improve strength and independence so patients can return home





## What is the Convalescent Care Program?

Following surgery or a serious illness, you may no longer need in-hospital care, but you may not be ready to return home safely.

The Convalescent Care Program provides care to people who require specific medical and therapeutic services in a supportive environment. The program will help you recover your strength, energy, and functioning before returning home.

## What services are provided?

The Convalescent Care Program offers:

- A customized care plan designed to help you regain your strength and independence
- Medical and therapeutic support
- Guidance to help your family and caregivers support you most effectively

## How do I access Convalescent Care?

Anyone can make a referral, including yourself, your doctor, nurse practitioner, hospital staff, etc. Your Care Coordinator will discuss your care needs and how they can be met through the Convalescent Care Program, and will determine eligibility. Applications are coordinated through the Erie St. Clair Health Integration Network (ESC LHIN).

Based on your needs, you will receive care from a multidisciplinary team of doctors, nurses, and therapists.

## Is the Convalescent Care Program for me?

You may benefit from convalescent care if:

- Your condition is medically stable and you do not need to be in the hospital
- You require a temporary place to stay while you regain strength and independence prior to returning home
- You are motivated and capable of participating in therapy programs
- You are at least 18 years of age
- You have a valid Ontario Health Card

The Convalescent Care Program is intended for people who need temporary supportive and rehabilitative care. It is not intended for people who need complex continuing care or palliative care, or who are seeking permanent placement in a long-term care (LTC) home.

If you are not eligible for the Convalescent Care Program, your Care Coordinator will help you explore alternate options.

## How long will I stay?

The typical length of stay in the Convalescent Care Program is 45 to 90 days.

## How much does it cost?

The Convalescent Care Program is funded by the ESC LHIN. The program is free for eligible patients.

You will be responsible for the cost of services such as telephone and television, transportation to and from medical appointments, and co-payments for medications.

## What happens when I am ready to return home?

When it is time to return home, your Care Coordinator will conduct a personal health assessment and help you arrange community services, as necessary.

