

## School boards served by MHANs

The ESC LHIN's MHAN services are available through:

### Greater Essex County District School Board

[www.publicboard.ca](http://www.publicboard.ca)

### Lambton Kent District School Board

[www.lkdsb.net](http://www.lkdsb.net)

### Providence Conseil Scolaire Catholique

[www.CscProvidence.ca](http://www.CscProvidence.ca)

### St. Clair Catholic District School Board

[www.st-clair.net](http://www.st-clair.net)

### Windsor-Essex Catholic District School Board

[www.wecdsb.on.ca](http://www.wecdsb.on.ca)



## Our locations:

### Chatham Clinic

462 Riverview Dr.  
Chatham, ON N7M 0N2

### Chatham: Corporate Office

180 Riverview Dr.  
Chatham, ON N7M 5Z8

### Chatham Office

712 Richmond St. PO Box 306  
Chatham, ON N7M 5J5

### Sarnia Office and Clinic

1150 Pontiac Dr.  
Sarnia, ON N7S 3A7

### Windsor Office and Clinic

5415 Tecumseh Rd. E.  
Windsor, ON N8T 1C5

## By telephone or TTY:

**1-888-447-4468**

**TTY: 519-258-8092** (for the hearing and speech impaired)

**Email: [information.referral@lhins.on.ca](mailto:information.referral@lhins.on.ca)**

## Visit our websites at:

[healthcareathome.ca/eriestclair](http://healthcareathome.ca/eriestclair)

[eriestclairhin.on.ca](http://eriestclairhin.on.ca)

## For health and community services, visit:

[eriestclairhealthline.ca](http://eriestclairhealthline.ca)

Erie St. Clair **LHIN**

# Mental Health and Addictions Nurses

Services for students with mental health or addictions concerns



## Mental Health and Addictions Nurses

The Erie St. Clair Local Health Integration Network's (ESC LHIN's) Mental Health and Addictions Nurses provide specialized, professional support to students with mental health or addictions concerns.

Our nurses work as part of a multidisciplinary team, which includes mental health workers and leaders, and school board staff, to:

- Help students transition from hospital and reintegrate into school life
- Assist in recognizing, responding to, and supporting students in their early struggles with mental health and addictions concerns
- Enable students to develop and maintain healthy life skills and resiliency into adulthood
- Collaborate with specialists and other health care professionals to provide services and supports
- Offer advice and intervention strategies to school boards to address students' mental health or addictions concerns
- Refer students to other services in the community

### Need someone to talk to?

MHAN nurses are available by telephone Monday to Friday from 8:30 a.m. to 4:30 p.m.

### Evenings and weekends:

Call the Kids Help Phone at  
1-800-668-6868

**In case of an emergency, dial 9-1-1**

## Confidentiality

The ESC LHIN has an ethical and legal responsibility to maintain the confidentiality of personal health information. We build trusting relationships with students by respecting their privacy. If you have any questions or concerns, please ask your MHAN. We are here to help you.

## Eligibility

Students must meet the following criteria to be eligible for services under the MHAN program:

1. Be in need of services related to identified or suspected mental health or addictions concerns
2. Be aware of and have given consent for the referral

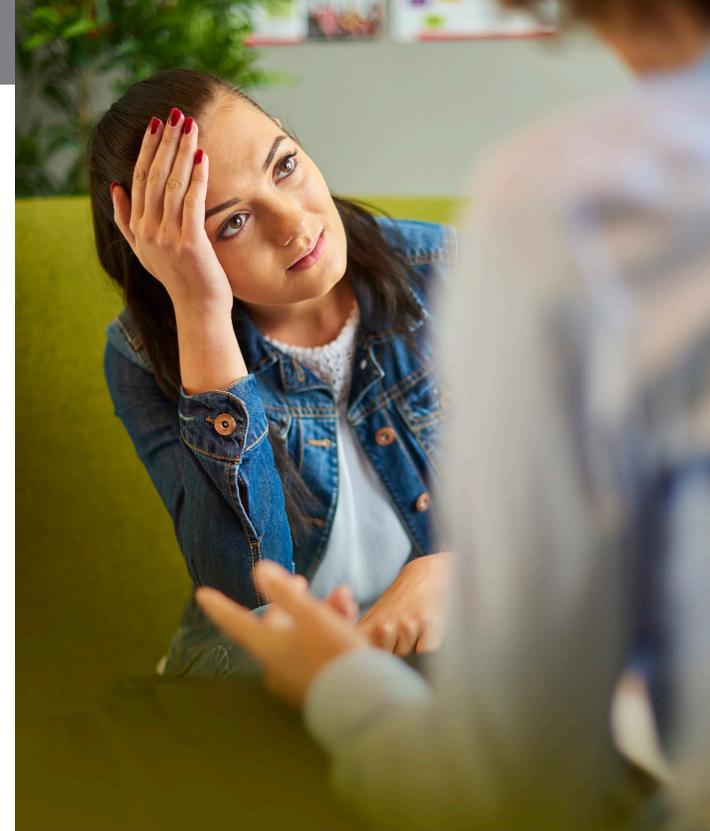
## Referrals

MHANs are accessible through:

1. Self-referral
2. School resource teams
3. Hospitals
4. Families/caregivers
5. Health professionals
6. Community agencies

Referral forms can be found at [www.healthcareathome.ca/eriestclair](http://www.healthcareathome.ca/eriestclair) under Getting Care/Care at School/Mental Health and Addictions Nurses.

**For help with the referral process, call 1-888-447-4468.**



## Quick facts

- Studies indicate that one in five children and youth suffer from a diagnosable mental health condition, including substance abuse
- The onset of a mental health condition often occurs during childhood or adolescence
- Mental health and substance abuse issues are associated with poor academic performance and increased dropout rates
- Educators rank mental health conditions and substance abuse as key barriers to improving students' outcomes