

## eRehab

### What is eRehab?

eRehab links rehabilitation professionals together with easy-to-use electronics to help patients, like yourself, return home from hospital as soon as it is safe to do so.

### Who is eRehab for?

eRehab is an effective way to provide in-home rehabilitation care to patients who have experienced the following:

- A stroke
- A hip and/or knee joint replacement

### How does it work?

Your care team will identify that you are ready for discharge and if appropriate, will directly refer you to the eRehab program.

A team of dedicated health care professionals will support you and provide care in the comfort of your home with high quality rehabilitation. Home visits will be made by specially-trained therapy assistants who communicate in real-time with regulated Directing Therapists through the use of safe and reliable electronic devices. This method also provides the Directing Therapist the opportunity to communicate with you through video conference when needed.

Your care team may include an Occupational Therapists, Physical Therapists, Speech Language Pathologists, Clinical Care Coordinators, Dieticians, Social Workers, and Registered Nurses.

### Why is eRehab right for me?

Some patients prefer or need to receive treatment in the comfort of their own home to support their quality of life. Patients have indicated that having eRehab in their own home, surrounded by familiar routines and articles they use on a daily basis, has assisted them to attain their desired care goals.

If you have any questions about the eRehab program or your care, please contact the ESC LHIN at 1-888-447-4468.

