

Mental Health & Addictions Integrated Transitions Project (MHA-ITP) Pilot Project

The Mental Health and Addictions Integrated Transitions Project (MHA-ITP) is a pilot project designed to help support patients who are being discharged from a psychiatric admission to go home.

The project began in partnership with St. Joseph's Hamilton and is supported by a LHIN mental health care coordinator and a LHIN mental health nurse.

The nurse visits patients after their discharge, and helps to maintain their wellness in the community, by continuing working on skills and strategies that will help improve their mental health.



The care coordinator works with other agencies involved in the patient's care to help make the transition to additional agencies smooth, comfortable and effective.

MHA-ITP is a short term program designed to reduce the number of visits to the emergency department while providing support to patients who are being connected with support services available in the community.

Who is Eligible?

People who are currently being cared for at either the West 5th or Charlton locations of St. Joseph's Health Care with a history of unsuccessful or complex discharges are eligible for MHA-ITP.