

Caregiver Spotlight – 80-year old Peter McGillvary of Grimsby

“It’s the worst disease of all.” That’s how 80-year old Grimsby resident Peter McGillivray describes Alzheimer’s disease.

Peter has been caring for his wife Carol who is living with Alzheimer’s diseases. Thanks to a few hours of caregiver relief each week from a personal support worker, Peter is able to persevere and manages to get out to visit with friends or simply spend time on his own.

Nominated as part of HNHB CCAC’s caregiver recognition program this past year, Peter was surprised by the honour receiving four nominations. Not one to be fussed over, Peter says, “I don’t want to be in the limelight.”



Nominator Cathy LeBlanc of Alzheimer Niagara says Peter demonstrates the utmost patience with wife. “Peter is dedicated to caring for her at home for as long as possible,” LeBlanc says. “Peter puts Carol’s needs before his own and is devoted to her in every way.”

Peter keeps busy every day cooking, cleaning, doing the laundry and shopping and vows to continue doing all he can for Carol to support her physically and emotionally.

“My preference is for Carol to be at home with me.”

All of Peter’s *Heroes in the Home* nominators describe him as a special person who puts others first and works tirelessly to take care of his wife.

No matter how hard it gets for Peter, his perseverance helps him get through each day. He says, “I guess I just plug along,” as he continues to provide care and support for his beloved wife Carol.

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