

Adult Day Programs

Adult Day Programs provide fun, engaging activities in the community for people with physical or cognitive challenges, as well as those with Alzheimer's disease and related dementias. There are 10 Adult Day Programs at 17 locations in the Mississauga Halton Local Health Integration Network (LHIN) region. Check out our brochure to see a map of the locations.



Benefits for Your Patient

- Friendly, trained experts lead fun activities that make your patient feel safe and comfortable.
- Opportunities for new friendships and fun – patients can enjoy time with others, doing activities they love, while receiving the care they need.
- Diverse programming and languages are offered. Mentally and physically stimulating activities are tailored to your patient's individual interests, needs and abilities.

Benefits for Caregivers

- When caregivers know their loved one is safe and having fun, they can take time to complete personal tasks and reconnect with their own life or friends.

- Partial or full-day programming is offered throughout the week and extended hours are offered on weeknights and weekends at select locations. Flexible hours make it easy to fit your patient's and their loved one's individual needs and schedules.

Eligibility Criteria

The Mississauga Halton LHIN will assess if your patient is eligible for an Adult Day Program. Each program has its own patient suitability and admission requirements. These are discussed with your patient, their loved ones and the provider after their referral.



Adult Day Program Application Process

- Direct your patient/caregiver to the [Adult Day Program Videos](#) page where they can begin the referral process.
- If the chosen Adult Day Program has space, your patient can begin attending immediately.
- If there is a wait list, the Adult Day Program staff will discuss the wait list process with your patient and their loved ones, as well as other options to assist them while they wait for a spot in their choice program.

Learn More about Adult Day Programs

Your patient can contact the program directly to book a tour or to learn more about it (e.g. program availability, cultural sensitivities, transportation options, etc.)

Visit the Mississauga Halton LHIN, Home and Community Care, website www.healthcareathome.ca/mh to watch [video tours](#) of the 10 Adult Day Program providers in the Mississauga Halton LHIN region and access contact information. The videos use an apples-to-apples approach to highlight each program's benefits and features.

You and your patient can also contact the Mississauga Halton LHIN and speak with a placement care coordinator if you have questions about eligibility and referral.



Contact the Mississauga Halton LHIN:

- Call toll free 1-877-336-9090 or 905-855-9090
- Speak to a Mississauga LHIN care coordinator in your hospital (located in all sites of Halton Healthcare and Trillium Health Partners)
- Fax in a home and community care service referral to the Mississauga Halton LHIN at 905-855-8989

The Mississauga Halton LHIN is open seven days a week, 365 days a year.