

## Adult Day Programs for North Simcoe Muskoka

Adult Day Programs offer social, recreational and therapeutic opportunities for frail elderly as well as individuals experiencing memory loss. They are designed for seniors who need regular assistance and who are lonely and benefit from socializing with others. Participants currently live at home.

Adult Day Programs are funded by the Ministry of Health and Long-Term Care. Participants are required to pay a co-payment for each day they attend. The daily rate differs between programs. Services provided and program rates for Adult Day Programs are subject to change. Additional services such as hairdressing and caregiver support are subject to an additional fee. Appointments for tours of the facilities may be made in advance with program staff.

The goal is to maintain the patient's optimum level of intellectual, physical and social capability as well as provide respite and support to the family and the caregiver. Activities are to be therapeutic, needs related, and offered in a non-threatening, enjoyable environment. All Adult Day Programs have friendly, caring and professionally trained staff who have recreational backgrounds. They work closely with participants and their families to ensure the goals of the program are met. Nutritious meals and snacks are also provided.

## How Do I Access an Adult Day Program?

Speak with home and community care staff at the North Simcoe Muskoka Local Health Integration Network (NSM LHIN) to ask about the Adult Day Program. A Care Coordinator will assist you.

- An assessment by a Care Coordinator will be done to determine your eligibility for the Adult Day Program.
- Consent is needed from you or your substitute decision-maker if you wish to apply for the Adult Day Program.
- Your assessment will be sent to the Adult Day Program(s) of your choice for their review. When suitable spot is available, the Adult Day Program will contact you to discuss your attendance at the program.
- We recommend that you visit the Day Program prior to attending so you can speak to the staff and see some of the activities available.

**See a description on reverse of each program available in North Simcoe Muskoka.**

## Long-Term Care Action Line

The Long-Term Care Action Line serves patients receiving **our services** and also gives a voice to those patients and their families who have concerns or complaints about home and community care services. **If you are receiving services through us, we encourage you to first contact us to support addressing your concerns.**

The Long-Term Care Action Line may be reached by telephone at **1-866-876-7658**, or online at [www.health.gov.on.ca](http://www.health.gov.on.ca)

## Adult Day Program Information

FACILITY	HOURS	DAILY RATE	TRANSPORTATION	SERVICES OFFERED	CONTACT
<b>Wendat</b> <i>Penetanguishene</i>	M · T · TH · F 10:00 – 4:00	\$5.00 lunch	<ul style="list-style-type: none"> <li>• Red Cross</li> <li>• Community Link</li> </ul>	<ul style="list-style-type: none"> <li>• Exercise Programs</li> <li>• Gardening</li> <li>• Games, arts, crafts &amp; music</li> <li>• Education</li> <li>• Physically &amp; mentally stimulating exercises</li> </ul>	Program Supervisor 705-355-1022 Ext. 226 <a href="http://www.wendatprograms.com">www.wendatprograms.com</a>
<b>County of Simcoe</b> <i>Penetanguishene</i>	Mon – Fri 9:00 – 3:00	\$22.00	<ul style="list-style-type: none"> <li>• Red Cross</li> <li>• Community Link</li> </ul>	<ul style="list-style-type: none"> <li>• Gardening</li> <li>• Arts, crafts &amp; baking</li> <li>• Physically &amp; mentally stimulating exercises</li> <li>• Hairdressing &amp; foot care (fee)</li> </ul>	Program Manager <a href="http://www.simcoe.ca">www.simcoe.ca</a> 705-322-4786
<b>County of Simcoe</b> <i>Elmvale</i>	T · W · TH 9:00 – 3:30				
<b>Grove Park Home Senior Encounter Program</b> <i>Barrie</i>	Mon – Fri 9:00 – 3:30	\$18.00	<ul style="list-style-type: none"> <li>• Red Cross</li> <li>• BACTS*</li> </ul>	<ul style="list-style-type: none"> <li>• Arts, crafts &amp; baking</li> <li>• Physically &amp; mentally stimulating exercises</li> <li>• Hairdressing (fee)</li> </ul>	Manager of Community Services 705-792-7396 <a href="http://www.groveparkhome.on.ca">www.groveparkhome.on.ca</a>
<b>VON</b> <i>Barrie</i>	Mon – Fri 9:00 – 3:30	\$20.00	<ul style="list-style-type: none"> <li>• Red Cross</li> <li>• BACTS*</li> </ul>	<ul style="list-style-type: none"> <li>• Gardening</li> <li>• Arts, crafts, music, baking &amp; woodworking</li> <li>• Overnight and Weekend Respite Program</li> <li>• Foot Care Clinic (fee)</li> <li>• Exercise Program</li> </ul>	Program Coordinator 705-720-2532 <a href="http://www.von.ca">www.von.ca</a>
<b>VON</b> <i>Collingwood</i>			<ul style="list-style-type: none"> <li>• Red Cross</li> </ul>	<ul style="list-style-type: none"> <li>• Gardening &amp; billiards</li> <li>• Arts, crafts, music &amp; baking</li> <li>• Overnight and Weekend Respite Program</li> <li>• Foot Care Clinic (fee)</li> <li>• Exercise Program</li> <li>• Caregiver Support Group</li> </ul>	Program Coordinator 705-444-2457 <a href="http://www.von.ca">www.von.ca</a>
<b>VON</b> <i>Orillia</i>			<ul style="list-style-type: none"> <li>• Happy at Home</li> <li>• Helping Hands</li> </ul>	<ul style="list-style-type: none"> <li>• Gardening</li> <li>• Arts, crafts, music, baking, woodworking and active games</li> <li>• Weekend Respite Program</li> <li>• Foot Care Clinic (fee)</li> <li>• Exercise Program</li> </ul>	Program Coordinator 705-326-7505 <a href="http://www.von.ca">www.von.ca</a>
<b>The Friends</b> <i>Huntsville</i>	M · W · TH 9:00 – 3:00	\$15.00	May be arranged – \$2.00 each way.	<ul style="list-style-type: none"> <li>• Recreational activities for seniors with progressive age-related health concerns</li> <li>• Exercise</li> <li>• Games, music &amp; education</li> <li>• Gardening</li> <li>• Hand and Foot Care (free of charge)</li> <li>• Pet Therapy</li> </ul>	Program Coordinator 1-855-687-5100 Ext. 21 <a href="http://www.thefriends.on.ca">www.thefriends.on.ca</a>
<b>The Friends</b> <i>Gravenhurst</i>  <i>Bracebridge residents may attend – see transportation details.</i>	M · T · W · TH 9:00 – 3:00				

\*Barrie Accessible Community Transportation Service