

## Palliative Care SBAR Communication Tool for Nurses

<p style="text-align: center;"><b>S</b>ituation</p> <p>PPS _____</p> <p>ESAS</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 80%;">Symptom</th> <th style="width: 20%;">Score</th> </tr> </thead> <tbody> <tr><td>Pain</td><td></td></tr> <tr><td>Tired</td><td></td></tr> <tr><td>Nausea</td><td></td></tr> <tr><td>Depressed</td><td></td></tr> <tr><td>Anxious</td><td></td></tr> <tr><td>Drowsy</td><td></td></tr> <tr><td>Appetite</td><td></td></tr> <tr><td>Well-being</td><td></td></tr> <tr><td>Shortness of breath</td><td></td></tr> </tbody> </table>	Symptom	Score	Pain		Tired		Nausea		Depressed		Anxious		Drowsy		Appetite		Well-being		Shortness of breath		<p>I am calling about _____</p> <p>Name _____ Age _____ Gender _____</p> <p>The problem I am calling about:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
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<p style="text-align: center;"><b>B</b>ackground</p> <p>Diagnosis _____</p> <p>History of illness, related factors</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Allergies _____</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%;">Symptoms</th> <th style="width: 50%;">Current Medications</th> </tr> </thead> <tbody> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> </tbody> </table>	Symptoms	Current Medications																		
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<p style="text-align: center;"><b>A</b>ssessment</p> <p>Onset</p> <p>Provoking/Palliating</p> <p>Quality</p> <p>Region/Radiation</p> <p>Severity</p> <p>Treatment</p> <p>Understanding/Impact on you</p> <p>Values</p>	<p><b>O</b> _____</p> <p><b>P</b> _____</p> <p><b>Q</b> _____</p> <p><b>R</b> _____</p> <p><b>S</b> _____</p> <p><b>T</b> _____</p> <p><b>U</b> _____</p> <p><b>V</b> _____</p>																				
<p style="text-align: center;"><b>R</b>ecommendations</p>	<p>I recommend.../my thoughts are.../I wonder if...?</p> <p>Can you please visit to assess? _____</p>																				

Adapted from the Fraser Health Hospice SBAR Communication Tool by the Southeastern Ontario Palliative Pain & Symptom Management Consultation Service, October 2010; Rev Feb 2019