

## Home First Approach Works

Home First is an approach to care based on the idea that when a patient enters the hospital, every effort is made to help him or her return home on discharge. During the past year, more than 2,500 patients benefited from this approach in the South West – people who would otherwise have waited in hospital for a space in a long-term care home. Among the results:

- > Patients told us they appreciated the opportunity to go home.
- > 43% of Home First patients were able to stay home with normal CCAC supports.
- > The number of patients waiting in hospital for long-term care decreased from 157 in September 2011 to 77 in January 2013, a 50% reduction.
- > At-home services cost less per day than hospital or long-term care per diems.

To refer a patient to Home First, talk to your care coordinator or call 310-2222.

## Introducing the Intensive Home Care Team

In addition to its care coordinators, the South West CCAC now has a team of more than 40 Registered Nurses and Nurse Practitioners.

The team consists of:

- > Rapid Response Nurses, who provide in-home care to high-risk patients within 24 hours of hospital discharge.
- > Community Nurse Practitioners, who care for patients with more than one serious chronic condition, doing assessments, ordering tests and treatments, and connecting with family docs and specialists.
- > Hospice Palliative Care Nurse Practitioners, who have specialized expertise in caring for patients who are approaching the end of their lives.

- > Geriatric Resource Nurses, who have specialized expertise in promoting the holistic health of the elderly.
- > Mental Health and Addictions Nurses, who work with school boards and others to support children and youth with mental health and addictions issues.

**To make a referral to the Intensive Home Care Team for your patients, talk to your care coordinator or call the CCAC at**

**310-2222**



Connecting you with care  
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South West  
**CCAC** **CASC**

Community  
Care Access  
Centre  
Centre d'accès  
aux soins  
communautaires  
du Sud-Ouest

To refer a patient to the CCAC:

- > Connect with the care coordinator on site if you have one
- > Call 310-2222
- > Fax a referral form (available at [www.sw.ccac-ont.ca](http://www.sw.ccac-ont.ca) > Partners > Primary Care)



Premier Kathleen Wynne and Deb Matthews, Minister of Health and Long-Term Care visited the London home of Peggy and Norman Patterson on May 24. Norman is a Home First patient. The Premier praised the work of Home First and noted that home care "... is by far and away the more rational option for the health care system."

## Why You Need a CCAC Care Coordinator!

The South West CCAC is committed to having a care coordinator associated with every physician in the South West in 2013. What can a Care Coordinator do for you and your patients?

- Be on site on a regular basis, review common patients and participate in screening and early identification activities.
- Provide intensive care coordination support for the most complex patients.
- Connect patients with all appropriate home and community services.
- Provide notifications as patients move through the system.
- Make referrals to the Intensive Home Care Team (see over).

To arrange for a CCAC care coordinator to be connected with your practice, please contact Catherine Statton: **1 800-811-5146, extension 5337** or [catherine.statton@sw.ccac-ont.ca](mailto:catherine.statton@sw.ccac-ont.ca).

## STAY IN TOUCH



Check out information resources and sign up for our email alert service at [www.sw.ccac-ont.ca](http://www.sw.ccac-ont.ca) > Partners > Primary Care