The Integrated Assisted Living Program assists eligible seniors in the following neighbourhoods:

**Cambridge**
- Lang’s Drive / Eagle Street

**Guelph**
- Village by the Arboretum
- Willow Road

**Kitchener**
- Franklin Street
- Margaret Avenue / Queen Street
- Wilson Avenue / Fourth Avenue

**Eastern Township of Southgate**

**Waterloo**
- Allen Street / William Street

**Wellington County North**

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**Waterloo Wellington Local Health Integration Network**

Local: 519-748-2222
Toll-Free: 1-888-883-3313
TTY: 519-883-5589
Website: www.wwlhin.on.ca
Email: waterloowellington@lhins.on.ca

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**OUR MISSION IS:**
To make it easy for you to be healthy and to get the care and support you need.

**OUR VISION IS:**
Healthy People. Thriving Communities. Bright Futures.

**OUR CORE VALUE IS:**
Acting in the best interest of our residents’ health and wellbeing.

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The Integrated Assisted Living Program for Seniors
SUPPORTING YOUR INDEPENDENCE

The Integrated Assisted Living Program for seniors will help you live independently at home with the support you need.

- A care coordinator can connect you to the help you need for personal care and everyday tasks.
- If you are returning home following a hospital stay, a care coordinator can also help you get the personal care and community support you need.
- There is no cost to you for the personal support services that are arranged through the Waterloo Wellington Local Health Integration Network.

YOUR CARE AT HOME

Personal Care
We can connect you to round-the-clock help for:
- Bathing and dressing
- Help with toileting, incontinence care
- Medication reminders
- Assistance with falls
- Help with meals
- Wellness checks

Recreation & Activity
We will connect you with recreation and fitness programs suitable for older adults. This will help you to stay active and connected to the community.

Personal Response System
We can help you to feel safer in your home. At the touch of a button, the personal response system gives you access to help 24 hours a day, 7 days a week.