



Inpatient Rehabilitative Care: The next step in your recovery

Inpatient rehabilitative care is the next step in your recovery. It will help you work towards regaining your strength and independence. It will also help you with returning to your usual activities as much as possible.

There are different kinds of inpatient rehabilitative care. Your health care team is recommending the following for you:

Complex Medical Management

- For people who have longer-term illnesses or disabilities and need more medical/nursing care.
- Focuses on helping you keep the strength and movement you have and gradually increasing the amount of activity you can do.

The Complex Medical Management Program is a Waterloo Wellington LHIN-wide program available at the following locations:

- Grand River Hospital – Freeport Campus in Kitchener (GRH)
- Groves Memorial Hospital in Fergus
- St. Joseph's Health Centre in Guelph (SJHC)

You will be notified by hospital staff when a bed becomes available for you. The first available bed may be located at any of the locations listed above.

Please note: your care needs will continue to be assessed and if your needs change, this plan may also change.

Once you are there, your health care team will talk to you about how long you will need to stay. Your rehab may also continue after you leave the program.

Other information you need:

Do you have any questions? Please ask a member of your care team