

# Central East Centralized Diabetes Intake

**The Central East Centralized Diabetes Intake is a streamlined and integrated referral service for people living with or at risk of developing diabetes.**

**Centralized Diabetes Intake** (CDI) is provided by the Central East Local Health Integration Network (Central East LHIN) to link patients living with or at risk of developing diabetes to Diabetes Education Programs (DEP) or the Central East Centre for Complex Diabetes Care (CCDC).

**The Central East LHIN CDI care coordinator will determine the need for DEP or CCDC services.** Together, the patient and care coordinator choose the most appropriate location for these diabetes services.

## **CDI offers access as appropriate to:**

- Diabetes Education Programs
- Centre for Complex Diabetes Care
- Central East Regional Cardiovascular Rehabilitation & Secondary Prevention Program
- Central East LHIN Home and Community Care Services
- Community Support Services (i.e. Meals on Wheels)
- Health Care Connect (for those who are not connected with a Primary Care Provider)
- The Central East Self-Management Program

## **If a patient is seen at a DEP, they will have access to:**

- Basic-intermediate level diabetes education services for people living with diabetes or prediabetes
- Group classes or individual counseling
- Education on self-managing their diabetes and preventing/delaying the onset of diabetes-related complications
- Diabetes Education Teams consisting of one nurse and one dietitian

## **If a patient is referred to the CCDC, they will have access to:**

- Support for patients 18 years of age or older living with Type 1 or Type 2 diabetes who have complex needs
- An inter-professional team consisting of nurse practitioners, dietitians, social workers, nurses, and pharmacists
- Regular updates provided to the referring physician/nurse practitioner
- Transition/discharge planning in collaboration with Primary Care Provider and Diabetes Education Program will occur once case management and self-management goals are met

## How to Access Centralized Diabetes Intake:

If you are a health care provider, please complete the **Central East Centralized Diabetes Intake Referral Form**, found on the Central East LHIN Home and Community Care website by entering CDI in the search bar.

<http://healthcareathome.ca/centraleast/en>

Fax the completed form to: 905-444-2544 or 1-844-731-2161.

Patients, caregivers or health service providers can call **1-888-997-9996** to be connected with a Central East LHIN Home and Community Care Coordinator who will facilitate the referral.

## Central East LHIN

### Centralized Diabetes Intake

**Telephone:** 1-888-997-9996 **Fax:** 905-444-2544

**Toll Free Fax:** 1-844-731-2161

## Participating Diabetes Education Programs

### Durham

- Brock Community Health Centre
- Charles H. Best Diabetes Centre
- Lakeridge Health, Ajax-Pickering, Bowmanville, Port Perry, and Whitby
- Markham Stouffville Hospital, Uxbridge
- Carea Community Health Centre

### Scarborough

- Carefirst Seniors & Community Services Association
- Scarborough Centre for Healthy Communities
- TAIBU Community Health Centre
- Scarborough and Rouge Hospital - Centenary, Birchmount and General Sites

### North East

- Campbellford Memorial Hospital
- Haliburton Highlands Health Services
- Port Hope Community Health Centre
- Ross Memorial Hospital
- Peterborough Regional Health Centre

## Central East CCDC Care Delivery Sites

- Lakeridge Health Whitby
- Peterborough Regional Health Centre
- Scarborough and Rouge Hospital, General Campus



**Centralized Diabetes Intake is an integrated, patient-centered approach for access to diabetes care and education in the Central East Region, supporting the Province's Ontario Diabetes Strategy to improve care for Ontarians living with diabetes.**

