

# Essential Pain Management (EPM) – Winter 2024



## Course Overview

The focus of this course is on the pharmacological management of pain. Pain assessment, management, and evaluation are foundational skills for nurses working in any practice setting. EPM aims to equip nurses with a foundational knowledge base and skills around pain management, from a palliative care approach, that can be applied to your practice.

## Intended Audience

EPM is designed to benefit and appeal to all classes of nurses who care for adults living with life-threatening or life-limiting illnesses. It allows you set your own learning pace as you enhance foundational knowledge, interact with evidence-informed tools and resources to complete case-based activities, and engage in one or more coaching sessions designed to be responsive to your individual pain-related learning needs.

## Why EPM?

- Peer-reviewed, evidence-informed and up-to-date course content
- Facilitation and mentorship by experienced local palliative care nurse consultants
- Successful completion of EPM prepares learners to meet the palliative care competencies for Nurses as outlined in the [Ontario Palliative Care Competency Framework](#) and [Canadian Interdisciplinary Palliative Care Competency Framework](#)
- For more details please review: [EPM Content & Objectives](#)

**Course Details** - This **online** course is provided using the Partnering for Palliative Education online learning platform, powered by D2L's Brightspace. You will be required to use a computer, tablet, or smart phone with a microphone & camera to allow for two-way communication between coaches and peers – see [Technology Requirements](#)

**EPM Course** - You will have a minimum of six weeks to complete the course. To receive an EPM certificate, you must:

- complete the four modules **online, and**
- attend one 90-minute, mandatory **online** coaching session. *The option to engage in multiple coaching sessions is left to your discretion.*



## Advanced Approaches to Manage Pain (AMP) Preparation

Following EPM, you will have automatic access to the online AMP Preparation Module to explore advanced pain management.

Following successful completion of the AMP Preparation module, and the AMP module quiz, you'll earn your AMP Preparation badge. At that time, you will be invited to register for the 3-hour, AMP coaching session. To receive an AMP certificate, you must complete:

- the online AMP Preparation Module
- one mandatory 3-hour, AMP coaching session with case-based activities to practice your skills

## Available Courses

- **Registration priority** given to those working in HNHB (Hamilton, Haldimand, Niagara, Brant)
- **Full Participation** is mandatory to receive a certificate.

Winter 2024	
Registration	October 30, 2023 to December 8, 2023
Coaching Sessions	Begin November 24, 2023
Course Work to be Completed	March 1, 2024
Registration Form	<a href="#">Access the registration form</a> Please return by fax

Cost: **\$40.00**  
Non-refundable

### For more information, contact:

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