WE'RE HERE TO HELP
Mental Health and Addictions Nurses are available throughout the week to support you.

WHAT WE DO:
Our specialized nurses work in the community and in schools to assist students with various mental health and addictions challenges.
- Assess and monitor mental health and addictions concerns
- Connect students with services within the community
- Collaborate with schools, families and care partners, to support a student’s care plan, goals and treatments
- Medication adjustment, management and education
- Support transitions back to school from hospitals or other care settings

TALK TO US:
Speak with your principal, vice-principal, guidance counselor, or school social worker about Mental Health and Addictions Nurses services. Call us at 888-883-3313

NEED URGENT HELP? Call Kids Help Phone 24/7 at 1-888-883-3313

YOU’RE NOT ALONE
- Approximately 1 in 5 children and youth in Ontario (about 400,000 individuals) have a mental health challenge
- Early identification and intervention is critical and can lead to improved achievement in school and better health outcomes in life

EASY | SAFE | SECURE | CONFIDENTIAL

HOME AND COMMUNITY CARE SUPPORT SERVICES