

Mississauga Halton CCAC

# Children's Health Services



Mississauga  
Halton

**CCAC**  
Community  
Care Access  
Centre

**CASC**  
Centre d'accès  
aux soins  
communautaires  
de Mississauga  
Halton

The Mississauga Halton CCAC provides support and care for children and youth (up to 18 years of age) to help them thrive in school, or remain safe and healthy at home.

Our experienced, registered care coordinators work collaboratively with young patients, their families, schools and health care teams to create a care plan that meets the needs of both the child and family.

We support children **in school, at home and in the community** through the following:

- Care for medically complex children
- Paediatric Rapid Response Nursing (RRN)
- Paediatric palliative care
- Mental Health and Addictions Nurses (MHAN)
- School Health Support Services (SHSS)



## Different care for different needs

We care for medically complex or fragile children at home with the following services.

### Care for medically complex children

- In-home nursing and support services
- An experienced, registered care coordinator works with the child and family to identify supports needed to keep the child safe and healthy at home and out of hospital

### Paediatric Rapid Response Nurses (RRNs)

Paediatric RRNs provide an extra level of care to children who are:

- Medically **complex** (e.g. chronic condition or use of numerous health care providers)
- Medically **fragile** (e.g. life-threatening illness or equipment failure that puts child at risk)
- Technology dependent children (e.g. ventilators, drug administration or feeding tubes)

### Help children by:

- Coordinating access to the right community resources
- Providing education on specific aspects of the child's care to the family
- Supporting the child and family intensively during transition phase from hospital to home

### Paediatric palliative care

- In-home or hospice supports
- Aimed to prevent, relieve, reduce or soothe symptoms related to serious medical conditions and treatments

*Eligibility for these services may vary. Please contact the Mississauga Halton CCAC for more information.*

## Supporting children in school

We care for children at school through two programs: Mental Health and Addictions Nursing (MHAN) and School Health Support Services (SHSS).

### Mental Health and Addictions Nursing

Our experienced, registered Mental Health and Addictions Nurses (MHANs) work with students in school in a discreet manner to help them cope with mental health and addiction issues. They provide support to students, teachers and families, educating them about symptoms, treatment and coping strategies for various mental health conditions and addiction issues.



**Do you:**  
Feel alone even with friends/family?  
Feel a deep sadness, worthlessness and/or anxiety that affects your day-to-day life?  
Have suicidal thoughts?  
Drink and/or do drugs?  
Gamble?  
Hurt yourself?  
See beyond today to a hopeful future?

**You are not alone.  
We can help you.**

### School Health Support Services

School Health Support Services (SHSS) help students with mental or physical challenges thrive at school. Our experienced, registered care coordinators identify and coordinate the required supports to meet the child or youth's physical and cognitive needs at school. The program is time-based, and aimed at helping the child become independent at school.

If you feel your patient would benefit from these school-based programs, please contact the Mississauga Halton CCAC.



## Mississauga Halton CCAC care coordinators

- Registered, experienced health care professionals who work with patients, as their trusted health care advisor.
- Coordinate services in patients' homes or in the community, based on a clinical assessment of the patient's and family's needs.
- Act as a lifeline to patients, getting them the care they need, especially when circumstances can change quickly with our most vulnerable, complex and end-of-life patients.
- Work with patients, families, physicians and other health care professionals to wrap patients in the care and services they need.

## How do I refer a child to the Mississauga Halton CCAC or speak to my patient's care coordinator?

### Contact us:

- Call 310-2222 (no area code required)
- Speak to a Mississauga CCAC care coordinator in your hospital (located in all sites of Halton Healthcare Services and Trillium Health Partners)
- Fax in a referral to the Mississauga Halton CCAC (905-855-8989)

[www.healthcareathome.ca/mh](http://www.healthcareathome.ca/mh)

[www.mississaugahaltonhealthline.ca](http://www.mississaugahaltonhealthline.ca)

The Mississauga Halton CCAC is open seven days a week, 365 days a year.



[www.healthcareathome.ca/mh](http://www.healthcareathome.ca/mh)  
[www.mississaugahaltonhealthline.ca](http://www.mississaugahaltonhealthline.ca)

August 2015