Analysis of Couchiching Sub-Region LTC Placements



Analysis of Couchiching Long-Term Care Placements

Fiscal Year 2018-2019 to Fiscal Year 2020-2021

In this analysis, we have examined the number and percentage of patients placed from their home sub-region to a long-term care home in each sub-region (NSM and out of region) for Fiscal Year 2018-2019 through Fiscal Year 2020-2021. Patient's home sub-region is determined by the patient's latest home address prior to long-term care placement.

To understand the situation for Couchiching specifically, 3 aspects of information will be examined:

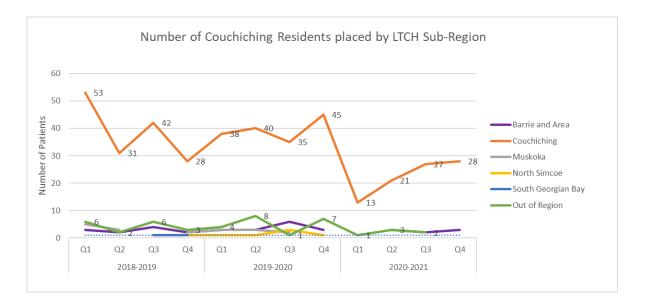
- 1. Couchiching residents placed to their home sub-region and other sub-regions;
- 2. Couchiching long-term care homes' placements by home sub-regions;
- 3. Couchiching residents' placed-at-home rate as compared to other NSM HCCSS sub-regions.

First a note regarding the COVID-19 Pandemic. In FY 2020-2021, long-term care placements were severely impacted by the COVID-19 pandemic. LTC placements from hospital were halted for a period of time, there was admission hesitancy by LTC applicants, and many homes experienced COVID-19 outbreaks. In response to the pandemic, the Ontario Government issued Directive #3 for Long-Term Care Homes under the *Long-Term Care Homes Act, 2007*. The Directive stipulates facilities can no longer have more than two people in a room, resulting in loss of capacity in long-term care homes that have 3 and 4 beds to a room. LTC capacity was impacted in all 5 NSM sub-regions. Additionally requirements for isolating new and returning residents further impacted placements to long-term care.

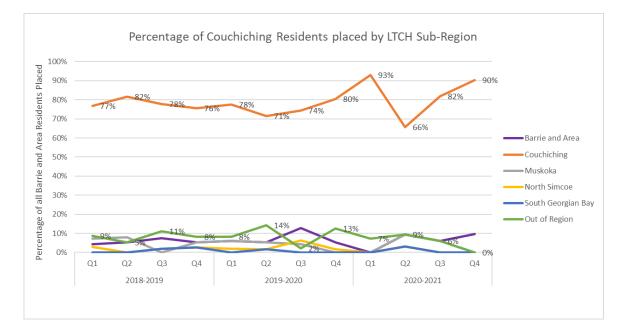
1. Couchiching residents placed to home sub-region and to other sub-regions

For Couchiching residents placed in a long term home, the majority of residents were placed within their home sub-region. This has been consistent over the last three years (orange line). Though there was a peak in the number of patients placed in a Couchiching home in 2018-2019 Q1 followed by a decline in 2018-2019 Q2, this can be explained by an increase and then a decline in the total number of placements for the those quarters. The significant drop in placements in 2020-2021 Q1 was due to the COVID-19. The number of placements did rebound in Q2 through Q4 2020-2021 but it was still lower than normal.

Among all other sub-regions, across the last three years, Couchiching residents were more likely to be placed to out of region homes (other HCCSSs), rather than the other 4 NSM sub-regions (see green line).

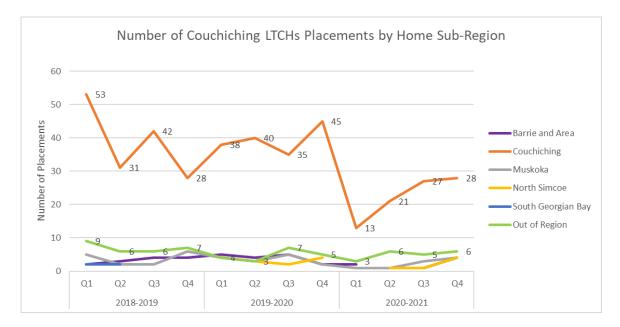


When looking at the percentage of Couchiching residents placed by LTCH sub-region, Couchiching results are comparably stable quarter over quarter until 2020-2021 Q1. Again, this can be explained by the decrease in the number of placements to long-term care due to the COVID-19 pandemic. On average, approximately 78% of Couchiching residents were placed within a LTCH in the Couchiching sub-region (orange line) while only 8% were placed in a LTCH out of region (other HCCSS).

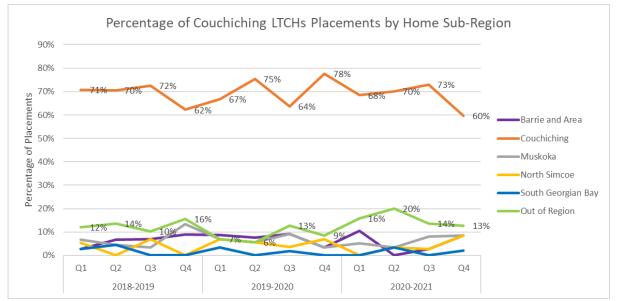


2. Couchiching long-term care homes' placements by home sub-regions

Patients who are placed in Couchiching long-term care homes are primarily Couchiching residents (see orange line), though residents in all NSM sub-regions access long-term care homes in the Couchiching area. Patients from out-of-region (other HCCSS) account for the majority of non-Couchiching long-term care residents (see green line) within a Couchiching long-term care home.



When looking at the percentage of Couchiching LTCH placements by sub-region, the percentage of Couchiching residents placed in a Couchiching home (see orange line) has remained relatively stable quarter over quarter. South Georgian Bay residents are the lowest users of Couchiching long-term care homes.



3. Couchiching residents' placed-at-home rate as compared to other sub-regions

For this analysis, placed-at-home means that the patient was placed in a LTCH within his/her home sub-region. A sub-region's placed-at-home rate is the number of the sub-region residents placed at a home in that sub-region divided by the total number of the sub-region residents placed.

From our analysis, for all NSM sub-regions, it was found that NSM residents are most often placed within a home in their own sub-region. In the past eight quarters, this has remained true for all 5 sub-regions, most specifcially Barrie and Area and Couchiching (see orange line). These sub-regions have seen a 70% to 90% placed-at-home rate for their residents. South Georgian Bay has the lowest placed-at-home rate (approximately 50%-65%) except for a couple peaks in 2019-2020 Q2 (77%) and in 2020-21 Q1 (86%).

