# **Rehabilitative (Complex) Care**

The Rehabilitative Care Alliance (RCA) works with partners across Ontario to strengthen and standardize rehabilitative care through better planning, performance management and evaluation and by integrating best practices across the care continuum.

HNHB's RCA partners implement the work of the provincial RCA at the local levels. This group include patient advocates, Home and Community Care and ministry funded providers of rehabilitative care. The rehabilitative care programs included are provided or supervised by regulated health professionals (RHPs). The HNHB RCA partners adopted the new provincial standardized definitions and eligibility criteria for bedded and community rehabilitative care which includes rehabilitative care provided in hospital-based designated inpatient rehab beds, complex continuing care and convalescent care beds located in long-term care (LTC) as well as rehabilitative care provided in a person's home or at a community program. This will help patients, families, and referring partners including primary care providers, understand what rehabilitative care is and what to expect.

The Referral Options Tools for Bedded and Community Rehabilitative Care Programs/Services were developed by the RCA to assist referrers when looking for rehabilitative care programs provided in hospital and in the community. The Referral Options Tools are standardized provincial tools that provide information for health service providers on the level of rehabilitative care provided, the target population, the location of the program and information on how to refer; this information is outlined below and will soon be available on the provincial rehabilitative care portal: Rehabilitative Care in Ontario.

# Levels of Bedded Rehabilitative Care

- Rehabilitation (high and low intensity)
- Activation Restoration .
- Short-Term Complex Medical Management •
- Long-Term Complex Medical Management •

Standardized provincial definitions for each bedded levels of rehabilitative care as well as eligibility criteria have been developed by the RCA. For full details, see the complete Definitions Framework for Bedded Levels of Rehabilitative Care.

While this resource was developed as a standardized provincial tool, each HCCSS region has adapted the tool to provide information on rehabilitative care. Below are the bedded referral option tools by HNHB sub-region.

#### **Bedded Referral Option Tools by Sub-Region**

| Brant             | <u>Hamilton</u>           |
|-------------------|---------------------------|
| Burlington        | <u>Niagara</u>            |
| Haldimand Norfolk | <u>Niagara North West</u> |

## **HNHB RCA Maps and Tables**

Maps and tables demonstrate where bedded rehabilitative care programs are located within each HNHB sub-region:

| Brant             | <u>Hamilton</u>           |
|-------------------|---------------------------|
| Burlington        | <u>Niagara</u>            |
| Haldimand Norfolk | <u>Niagara North West</u> |
| HNHB              |                           |

#### Complex Care & Rehabilitation Application Form

- Complex Care & Rehabilitation Application Form <u>Tip Sheet</u>
- HPG User Access Authorization Form

### Levels of Community Rehabilitative Care

- Progression
- Maintenance

Standardized provincial definitions for Progression and Maintenance levels as well as eligibility criteria have also been developed by the RCA. For full details, see the complete <u>Definitions Framework for</u> <u>Community Based Rehabilitative Care</u>.

# Community HNHB Rehabilitative Care Alliance (RCA) Maps

Click <u>here</u> to view the HNHB RCA maps that outline where community rehabilitative care programs are located within each HNHB sub-region.

#### Learn More

- Presentation, HNHB LHIN hip fracture and Total Joint Replacement (TJR) selfassessments - <u>January 2019 Presentation</u>, <u>Audio File</u>
  - RCA HNHB LHIN hip fracture and TJR self-assessments January 2019, Full Report
- Presentation, HNHB LHIN RCA August 2018, Audio File
- Presentation, HNHB LHIN RCA May 2017
- HNHB LHIN RCA Update May 2, 2017
- HNHB LHIN & Sub-Region Rehabilitative Care Maps April 2017
- <u>Provincial RCA website</u>
- <u>Rehabilitative Care Alliance Eligibility Criteria for Bedded Levels of Rehabilitative Care</u>