

Advanced Palliative Practice Skills (APPS) – Fall 2023

APPS courses are designed for PSWs and Health Care Aides who are graduates of the Fundamentals of Hospice Palliative Care program

Please ensure you meet the criteria before applying:

- I am a PSW or Health Care Aide
- I am a graduate of the Fundamentals of HPC Core program (or equivalent).
- Unsure? Contact: carol.scott@hccontario.ca I have access to a computer (with microphone), a smart phone or a tablet. APPS online is an interactive course and, thus, requires learners to speak and interact with peers and facilitators. Please review our [technology requirements](#).

Course Dates

Between September 21, 2023 and the first Virtual Classroom session, participants will be expected to log into the learning platform to complete course readings and activities. [Course Activity Outline](#)

Course Activity Outline: Sessions offered via MS Teams (11:00 am to 12:30 pm)

- 1st Virtual Classroom: October 5, 2023
- 2nd Virtual Classroom: October 26, 2023
- 3rd Virtual Classroom: November 16, 2023

Access the registration form [here](#). Return with your credit card payment.
Non-Refundable

DEADLINE TO REGISTER IS AUGUST 30, 2023

Course Expectations

During the APPS course, learners must:

- Complete weekly readings, reflections, discussion forums and videos
- **Actively participate in all three classroom sessions**
- Complete two peer-to-peer exchanges

Cost: \$40.00
(Course fee is non-refundable)

Course Content - The 8-week APPS program covers the following topics:

- Welcome to APPS & e-Learning
- Roles in Caregiving; Therapeutic Communication & Self-Care
- Considering Advance Care Planning, Ethics, Loss and Grief
- Tools for Symptom Management
- Tools for Symptom Management with a Focus on Pain
- Psychological Issues & Spiritual Issues
- Skin Care and the Dying Process
- After Death Care and Bereavement

Course Objectives - Following active participation in the APPS course, learners will:

- Have an enhanced understanding and respect for the role of PSWs/Health Care Aides in providing a palliative approach
- Be more self-aware when providing Hospice Palliative Care (HPC)
- Have an enhanced understanding of loss and grief
- Be able identify opportunities and strategies around symptom management
- Have an enhanced understanding of comfort measures at end of life.
- Have an enhanced understanding of ethical challenges at end of life
- Actively contribute to a team approach

For further information, please contact Melissa melissa.chadwick@hccontario.ca