

Palliative Care Services Referral Form (Adult)

Palliative Care Nurse Practitioner Referral Form (Adult)

Patient Details and Demographics									
Surname:	First Name(s):								
DOB:	Gender: □Male □Fer	nale □Other		HCN:					
Address:		City:	:		Postal Code:				
Primary Phone No.:		Alt. Phone No.:							
☐ Patient has consented to Palliative Care Referral									
Alt. Contact Name:		Relationship: ☐ POA/SDM ☐ Spouse ☐Other:							
Phone Number:		Alt. Phone Number:							
Health Information									
<u>Primary</u> Diagnosis:	Metastases (if applicable):								
Allergies: □No known allergies □ Yes (please indicate):									
Prognosis: □<2 weeks □2 weeks−1 month □<3 month □<6 months □<12 months									
PPS (see page 2 for PPS Scale): □10% □20% □30% □40% □50% □60% □70% □80-100%									
Reason for referral:									
☐ Yes ☐ No — Resuscitation status discussed with patient ☐ Yes ☐ No — Patient DNR		☐ Yes ☐ No — Palliative status discussed with patient ☐ Yes ☐ No — Patient currently on service with Home & Community Care Support Services Mississauga Halton							
Palliative Care Nurse Practitioner (NP) Referral – IF REQUIRED									
Note: NPs cannot assume care for the patient as MRP. They can help support with consultations and shared care. Urgency:									
Referring Practitioner Information									
Name:				□MRP	Desig	nation: MD NP RN			
Phone Number:		Alt. Phone Number:							
Signature:		Date:							
Most Responsible Provider Information (if not same a referring practitioner)									
Name:		Designation: □MD □ NP □ MRP aware of referral							
Phone Number:		Alt. Phone Number:							

To qualify for palliative care services (excluding Palliative Care Nurse Practitioners) the patient's prognosis must be <12 months

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Palliative Performance Scale (PPSv2) Version 2



PPS Level	Ambulation	Activity & Evidence of Disease	Self-Care	Intake	Conscious Level
100%	Full	Normal activity & work No evidence of disease	Full	Normal	Full
90%	Full	Normal activity & work Some evidence of disease	Full	Normal	Full
80%	Full	Normal activity with effort Some evidence of disease	Full	Normal or reduced	Full
70%	Reduced	Unable Normal Job/Work Significant disease	Full	Normal or reduced	Full
60%	Reduced	Unable hobby/housework Significant disease	Occasional assistance necessary	Normal or reduced	Full or Confusion
50%	Mainly Sit/Lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or Confusion
40%	Mainly in Bed	Unable to do most activity Extensive disease	Mainly assistance	Normal or reduced	Full or Drowsy +/- Confusion
30%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Normal or reduced	Full or Drowsy +/- Confusion
20%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Minimal to sips	Full or Drowsy +/- Confusion
10%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Mouth care only	Drowsy or Coma +/- Confusion
0%	Death	-	-	-	-

Mississauga Halton Palliative Care Nurse Practitioners can:

- Provide support to the primary care team and specialist providers to address complex palliative care needs and increase capacity within the region to provide palliative and end of life care.
- Provide shared care with the most responsible provider (MRP)
- Provide face to face patient assessments in home, physician office and/or hospital
- Assist with complex or refractory pain and symptom management (e.g. pain, nausea, dyspnea, anxiety)
- Assist with complex or refractory psychosocial needs of patients and their family during life transitions
- Develop goals of care and/or end of life planning
- Provide strategies to reduce ED visits or hospitalizations
- Assist with complex hospital discharges or other transitions
- Able to follow a patient on a community team with a prognosis 12 months